

**Positive Guidance.**

1. When calling your child, use his name.
2. Get down to his eye level and touch him to gain his attention and to express affection/interest in his feelings.
3. Find something specific that's unique about your child and tell her everyday.
4. If your child wants you, look and listen.
5. Behaviour is often a form of communication. Try to provide a more appropriate way (i.e. a gesture sound, a word or a picture) to replace the behaviour.
6. Give your child a choice of activities when possible. (Develops self-esteem, feelings of responsibility).
7. Expectations need to be within the child's developmental level. Be consistent, clear and follow through with the direction.
8. Prevent problems by preparing your child ahead of time for transitions.
9. Ignore inappropriate behaviour when possible.
10. When possible, redirect the child to another, more appropriate, activity. (For example, if your child is throwing blocks, redirect him to building a tower.)
11. Model the behaviour and play you want your child to imitate.
12. If you are upset, label the behaviour you want to stop, as well as the behaviour you would prefer (For example: "No balls in the kitchen. Play ball outside.")
13. Use logical consequences. This helps the child understand the results of the behaviour. ( For example: If the child throws the toys, remove the toys for a while.)
14. Avoid linking affection/love with behavioural expectations.
15. Always praise your child for success.